

**Jump into June
June 4-6, 2010
A**

Sponsored By: Twin Cities Swim Team

Sanctioned By: *Minnesota Swimming, Inc. and USA Swimming, Inc.*

Sanction Number: MN10S -05-23M

Meet Director: James R. Andersen
612.964.8272
tcswim@umn.edu

Meet Marshal: Emily Toot

Inquiries: James R. Andersen
612.625.1026

Entries: *James R. Andersen*
Rm 100, 1900 Cooke Hall University Ave SE, Minneapolis, MN 55455
twinent@umn.edu 612.625.1026

Safety Coordinator: James R. Andersen

Team Coaches: Stacy Busack, Jessica Stevenson

Club Officials: Jim Hanton and Ford Erickson

Officials: *MSI Qualified Officials*

Team President: James R. Andersen

Registration Chair: *Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184*

Meet Type: *This is a 2 1/2 day meet for all swimmers with A times or above from all zones including any out of state swimmers can attend this meet.*

Pool Location: *University of Minnesota Aquatic Center: 1900 University Ave SE, Minneapolis, MN 55455*
Emergency Phone#: 612.626.1352

Time Schedule: Friday afternoon Session: Warm-up Start 4:00pm. Warm-up Ends 4:50pm. Meet Start 5:00pm. Morning Session - Warm-up Start 7:30am. Warm-up Ends 8:20am. Meet Start 8:30am. Afternoon Session: Will not start before 11:30am preceded by a 60 minute warm up.

Facility: *8 Lane, 50 meter indoor pool with lanelines and backstroke pennants. Slanted starting blocks are 28 inches above the water surface. The minimum water depth, measured in accordance with Article 103.2.3 is 7 feet at the start end and 7 feet at the turn end.*

Timing: *Electronic timing system with backup buttons and/or watches, horn start and touchpads at the start end of the pool.*

Meet Lane Timing Needs: *A motion was passed on 10/20/1998 that states: "During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The*

meet will not begin until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level.”

If your club would like to help out on a specific time or day, please contact the Meet Director.

Entry Limitations: Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day, not including relays. All seed times must be in meters.

Minnesota host teams must use Hy-Tek software to run swim meets. Those teams using disk entry must use Hy-Tek software (Team Manager) to enter this meet. There will be no disks sent out to clubs. Please include a PRINTED and PROOFED copy of your COMMLINK REPORT, along with your disk as well as the fees calculation form. Minnesota clubs entering this meet must use Hy-Tek Disk entry unless your club is on record with MSI that you cannot comply with the disk entry requirement. Clubs outside of the state of Minnesota may use Hy-Tek to enter this meet or may use the entry form included with this entry.

Entry Due Date: 10:00 pm Friday, May 28th, 2010 Telephone entries will be accepted for new events achieved between the entry deadline and 2:00 pm on the Monday before the meet. No entries will be accepted after the 2 pm deadline. EMAILED entries are preferred. Please send email entries to twinent@umn.edu. Please follow these guidelines when submitting EMAILED ENTRIES:

1. Use Hy-Tek Team Manager (Version 4.0) to send entries.
2. Email a TEXT FILE of your entries along with the TEAM MANAGER FILE – this allows the Entries Chair to double check that the number of swimmers and entries on TM matches the number of swimmers and entries in your Text File. If they match, everything is ok, if they do NOT match, we can trouble shoot BEFORE the meet is seeded to **make sure no swimmers are left out of the meet. This is extremely IMPORTANT!**
3. Please include coach's name, phone numbers and email address so we may contact you if there is any problem with your entry data.
4. Any REVISIONS to entries must be a COMPLETE REPLACEMENT of the previous entries file. The previous entries will be deleted! A REVISED TEXT FILE must accompany the REVISED TEAM MANAGER file.
5. Bring the Fee Calculation Form and your **payment** to the meet and see the Meet Director or Entries Chair before you write your check.
6. Meet Results will be EMAILED unless otherwise arranged. Please indicate your email address on the Fee Calculation Form.
7. **If you email your entries, you will receive an email reply as confirmation. If you DO NOT receive an email reply from the Entries Chair that means that he has NOT ENTERED YOUR SWIMMERS! Call or email him until he confirms that he has received your entries.)**

Awards: No awards will be given for senior events. Individual Events ~ A Events: Medals, 1st – 8th. Certificates will be issued for new Champ, Relay Events: 1st - 3rd place medals. Team trophies will be awarded to the Top 2 Teams in A, AA & AAA Division for the A portion of the meet. Teams from outside of Minnesota will be placed in the AAA Division. Awards will be given out to athletes 30 minutes after the posting of the final results, barring complications with the results.

Scoring: Individual Event Points 9-7-6-5-4-3-2-1. Relay Event Points: 18-14-12-10-8-6-4-2

Distance Events: A positive check-in will be required for 400IM and 800 Free. Check-in will be required at the timing table by 4:15pm stated at the coach's meeting. Heats will be swum fastest to slowest, all age groups (within the session) combined, women alternating with men, separated for score/awards by age group offered at the meet (per legislation dated June 17, 2008. Minnesota Scratch rules will be in effect

Fees: \$2.50 per entrant listed on the entry sheet, \$5.00 per individual splash, \$20.00 per relay entered. Summary cost per calculation sheet. Swimmers listed as relay alternates only do not have a fee. Checks must accompany entries and made payable to: Twin Cities Swim Team

Concessions: Will be provided.

Open Lane Swims: The MSI "Open Lane Swim" procedure will be available at the meet. The splash fee is \$5.00. Sign-up is on a first come basis at the timing table. Swimmers must be registered in the swim meet in order to have the opportunity to participate in Open Lane Swims. In the event of a missed heat, swimmers may only swim in their own age group and only in the same event and distance that they were originally entered. Swimmers may swim events for which they have no times. Swimmers may not exceed the event limit of four events including Open Lane Swims. Swimmers may scratch an event in order to swim on Open Lane Swim to stay within the entry limit. No refunds will be given for scratched events

Oversize Meet Procedure: The MSI/USA Swimming four-hour rule will be followed. If the meet becomes too large, MSI Legislative procedure will be followed.

Meet Information, Rules And Regulations: All information rules and regulations, including time standards, schedules, orders of events, meet operations and requirements will be conducted in accordance with Minnesota Swimming, Inc. competitive rules and regulations and USA Swimming Rules and Regulations current editions.

USA Swimming Membership: All swimmers must be current 2010 registered athlete members of USA Swimming. All coaches must be current 2010 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming Coach. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25.00 fine per event per swimmer.

Warm-Up: Current MSI and USA Swimming Rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be acquainted with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(s) from next individual event or expulsion from the meet. The NO Diving and Slip-In Entry rules will be strictly enforced.

Swimmers Without a Coach Present: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Purpose: To encourage and promote competitive swimming among age group swimmers.

Entries: All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. A fine of \$25.00 per event will be charged for falsifying an entry. Please call the entries person for directions if you need to hand deliver.

Timed Finals: This meet is pre-seeded. All swimmers must report to their blocks for the start of their heat.

Time Standards: 2009-2012 MN Swimming Time Standards – the most current edition published on the MSI website will be used. Senior boys events will use the 15-16 age group time standards to qualify. Senior girls events will use the 15-16 age group time standards to qualify

TIMELINES: Any timelines provided, whether through the MSI phone line, on the MSI web site or in the meet program, are for information purposes only. Session start times are only approximations, be aware that sessions may start earlier than published.

Changes To The Meet Information: Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

Meet Committee: A meet committee will be formed by the meet referee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete (not from the host club). Judgment decisions cannot be protested.

Coach's Meetings: Will take place on a regular basis at the discretion of the referee.

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Sanction Number: MN10S -05-23M

Entering Club's Name: _____ **Club Code** _____

Coach: _____ **Phone #** _____

Entries Person: _____ **Phone#** _____

Entry Data Costs:

_____ Total Swimmers x \$2.50 = \$_____ # of boys _____ # of girls _____

_____ Total Splashes x \$5.00 \$_____ # of boys _____ # of girls _____

_____ Total Relays x \$20.00 = \$_____

Total Due = \$ _____

Make checks payable to: Twin Cities Swim Team. **All fees are due with your entry.**

Mail summaries to: Name _____
Address _____

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The under signed further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

Who should we contact if there is a problem with your entry disk?

Name _____ **Phone ~ Day** _____ **Night** _____

Friday Afternoon

- 1 Girls 13-14 400 IM*
- 2 Boys 13-14 400 IM*
- 3 Girls Senior 400 IM*
- 4 Boys Senior 400 IM*
- 5 Girls 13-14 800 Freestyle*
- 6 Boys 13-14 800 Freestyle*
- 7 Girls Senior 800 Freestyle*
- 8 Boys Senior 800 Freestyle*

Saturday Morning

- 9 Girls 12 & Under 200 Freestyle Relay
- 10 Boys 12 & Under 200 Freestyle Relay
- 11 Girls 10 & Under 200 Freestyle Relay
- 12 Boys 10 & Under 200 Freestyle Relay
- 13 Girls 11-12 200 Freestyle
- 14 Boys 11-12 200 Freestyle
- 15 Girls 9-10 200 Freestyle
- 16 Boys 9-10 200 Freestyle
- 17 Girls 11-12 50 Backstroke
- 18 Boys 11-12 50 Backstroke
- 19 Girls 9-10 50 Backstroke
- 20 Boys 9-10 50 Backstroke
- 21 Girls 8 & Under 50 Backstroke
- 22 Boys 8 & Under 50 Backstroke
- 23 Girls 11-12 100 Breaststroke
- 24 Boys 11-12 100 Breaststroke
- 25 Girls 9-10 100 Breaststroke
- 26 Boys 9-10 100 Breaststroke
- 27 Girls 8 & Under 50 Breaststroke
- 28 Boys 8 & Under 50 Breaststroke
- 29 Girls 11-12 50 Butterfly
- 30 Boys 11-12 50 Butterfly
- 31 Girls 9-10 50 Butterfly
- 32 Boys 9-10 50 Butterfly
- 33 Girls 8 & Under 50 Freestyle
- 34 Boys 8 & Under 50 Freestyle
- 35 Girls 11-12 50 Freestyle
- 36 Boys 11-12 50 Freestyle
- 37 Girls 9-10 50 Freestyle
- 38 Boys 9-10 50 Freestyle
- 39 Girls 11-12 200 IM
- 40 Boys 11-12 200 IM

Saturday Afternoon

- 41 Girls Senior 200 Freestyle Relay
- 42 Boys Senior 200 Freestyle Relay
- 43 Girls 14 & Under 200 Freestyle Relay
- 44 Boys 14 & Under 200 Freestyle Relay
- 45 Girls Senior 100 Freestyle
- 46 Boys Senior 100 Freestyle
- 47 Girls 13-14 100 Freestyle
- 48 Boys 13-14 100 Freestyle
- 49 Girls Senior 200 Backstroke
- 50 Boys Senior 200 Backstroke
- 51 Girls 13-14 200 Backstroke
- 52 Boys 13-14 200 Backstroke
- 53 Girls Senior 100 Butterfly
- 54 Boys Senior 100 Butterfly
- 55 Girls 13-14 100 Butterfly
- 56 Boys 13-14 100 Butterfly
- 57 Girls Senior 200 IM
- 58 Boys Senior 200 IM
- 59 Girls 13-14 200 IM
- 60 Boys 13-14 200 IM
- 61 Girls Senior 100 Breaststroke
- 62 Boys Senior 100 Breaststroke
- 63 Girls 13-14 100 Breaststroke
- 64 Boys 13-14 100 Breaststroke
- 65 Girls Senior 400 Freestyle*
- 66 Boys Senior 400 Freestyle*
- 67 Girls 13-14 400 Freestyle*
- 68 Boys 13-14 400 Freestyle*

*Swum Fastest to Slowest combine, alternating gender, but scored by age group. Positive Check-In required.

Sunday Morning

- 69 Girls 10 & Under 200 Medley Relay
- 70 Boys 10 & Under 200 Medley Relay
- 71 Girls 12 & Under 200 Medley Relay
- 72 Boys 12 & Under 200 Medley Relay
- 73 Girls 9-10 100 Freestyle
- 74 Boys 9-10 100 Freestyle
- 75 Girls 11-12 100 Freestyle
- 76 Boys 11-12 100 Freestyle
- 77 Girls 8 & Under 100 Freestyle
- 78 Boys 8 & Under 100 Freestyle
- 79 Girls 9-10 100 Butterfly
- 80 Boys 9-10 100 Butterfly
- 81 Girls 11-12 100 Butterfly
- 82 Boys 11-12 100 Butterfly
- 83 Girls 9-10 50 Breaststroke
- 84 Boys 9-10 50 Breaststroke
- 85 Girls 11-12 50 Breaststroke
- 86 Boys 11-12 50 Breaststroke
- 87 Girls 8 & Under 50 Butterfly
- 88 Boys 8 & Under 50 Butterfly
- 89 Girls 9-10 100 Backstroke
- 90 Boys 9-10 100 Backstroke
- 91 Girls 11-12 100 Backstroke
- 92 Boys 11-12 100 Backstroke
- 93 Girls 9-10 200 IM
- 94 Boys 9-10 200 IM
- 95 Girls 11-12 400 Freestyle*
- 96 Boys 11-12 400 Freestyle*

Sunday Afternoon

- 97 Girls Senior 200 Medley Relay
- 98 Boys Senior 200 Medley Relay
- 99 Girls 14 & Under 200 Medley Relay
- 100 Boys 14 & Under 200 Medley Relay
- 101 Girls Senior 200 Freestyle
- 102 Boys Senior 200 Freestyle
- 103 Girls 13-14 200 Freestyle
- 104 Boys 13-14 200 Freestyle
- 105 Girls Senior 100 Backstroke
- 106 Boys Senior 100 Backstroke
- 107 Girls 13-14 100 Backstroke
- 108 Boys 13-14 100 Backstroke
- 109 Girls Senior 200 Butterfly
- 110 Boys Senior 200 Butterfly
- 111 Girls 13-14 200 Butterfly
- 112 Boys 13-14 200 Butterfly
- 113 Girls Senior 50 Freestyle
- 114 Boys Senior 50 Freestyle
- 115 Girls 13-14 50 Freestyle
- 116 Boys 13-14 50 Freestyle
- 117 Girls Senior 200 Breaststroke
- 118 Boys Senior 200 Breaststroke
- 119 Girls 13-14 200 Breaststroke
- 120 Boys 13-14 200 Breaststroke

***Swum Fastest to Slowest combine, alternating gender, but scored by age group. Positive Check-In required.**